

OBESITY TREATMENT

Generic	Brand	Strength	Form	Adult Dose
AMPHETAMINE				
methamphetamine HCl	Desoxyn	CII 5mg	tabs	≥ 12yrs : 1 tab 30mins before each meal.
LIPASE INHIBITOR				
orlistat	Alli	OTC 60mg	caps	≥ 18yrs : 1 cap with each fat-containing meal; max 180mg/day. Take multivitamin once daily at bedtime.
	Xenical	Rx 120mg	caps	≥ 12yrs : Use with a reduced calorie diet with about 30% of calories from fat; spread fat intake over 3 main meals. Take during or up to 1hr after meals. 1 cap 3 times daily with each fat-containing meal. If a meal is missed or has no fat, skip dose. Take multivitamin once daily 2hrs before or after Xenical.
SEROTONIN 2C RECEPTOR AGONIST				
lorcaserin HCl	Belviq	CIV 10mg	tabs	≥ 18yrs : 1 tab twice daily. Evaluate weight loss after 12wks. Discontinue if ≥5% weight loss is not achieved.
SYMPATHOMIMETIC				
benzphetamine HCl	Didrex	CIII 50mg	scored tabs	≥ 12yrs : Initially 25–50mg once daily in mid-morning or mid-afternoon. Increase if needed to 25–50mg 1–3 times daily.
diethylpropion HCl	—	CIV 25mg 75mg	tabs sust-rel tabs	≥ 16yrs : 25mg 3 times daily 1hr before meals and in midevening for night hunger or one 75mg sust-rel tab daily in midmorning.
phendimetrazine tartrate	—	CIII 105mg	ext-rel caps	≥ 17yrs : 1 cap in AM, 30–60mins before morning meal.
	Bontril PDM	35mg	scored tabs	Individualize. 1 tab 2–3 times daily, 1hr before meals. May reduce to 17.5mg/dose. Max 75mg 3 times daily.
	Bontril Slow Release	105mg	slow-rel caps	≥ 12yrs : 1 cap in AM, 30–60mins before morning meal.
phentermine HCl	—	CIV 15mg, 30mg	powder-filled or pellet-filled caps	Avoid late evening dosing. ≥ 16yrs : Individualize. 15–30mg at approx. 2hrs after breakfast.
	Adipex-P	37.5mg	scored tabs	Avoid late evening dosing. ≥ 16yrs : 1 tab once daily before or 1–2hrs after breakfast, or 18.75mg 1–2 times daily.
	Suprenza	15mg, 30mg, 37.5mg	ODT	Individualize. Avoid late evening dosing. ≥ 16yrs : 1 tab once daily in AM.
SYMPATHOMIMETIC + ANTIPILEPTIC				
phentermine HCl/topiramate extended-release	Qsymia	CIV 3.75mg/23mg, 7.5mg/46mg, 11.25mg/69mg, 15mg/92mg	caps	Take once daily in AM. Avoid late evening dosing. Initially 3.75mg/23mg for 14 days; then increase to 7.5mg/46mg. Evaluate weight loss after 12wks on this dose. Discontinue or escalate dose if patient has not lost ≥3% baseline body weight. To escalate dose: increase to 11.25mg/69mg for 14 days, then increase to 15mg/92mg and evaluate weight loss after additional 12wks at this dose. If patient has not lost ≥5% baseline body weight, discontinue by taking a dose every other day for at least 1 week prior to stopping altogether. Qsymia 3.75mg/23mg and 11.25mg/69mg strengths are for titration purposes only.

NOTES
 Not an inclusive list of medications or dosing details. Please see drug monograph at www.eMPPr.com and/or contact company for full drug labeling. (Created 8/2014)